



2022 Miles for Mammograms Committee Member Position Decription

What is the Family HealthCare Clinic? The Family HealthCare Clinic is a 501c3, non-profit medical clinic that provides affordable, accessible medical care and health education for those without insurance or on Medicaid. Since 1980, the clinic has been providing comprehensive medical care for many in our community. In 2000, the clinic took over the Miles for Mammograms 5K/2K to fund a free mammogram program. The clinic is a Bartlesville Regional United Way Agency.

What is the mammogram coupon program? The Miles for Mammograms race provides yearly funding for Family HealthCare Clinic operations and the free mammogram program. The clinic provides coupons for free mammograms and diagnostic services to uninsured men and women in Washington, Osage, and Nowata counties. After the mammogram, all bills are sent to the clinic for payment. Annually, we give out 50-75 coupons per year. Over the 23 years of the program, we have provided over 1000-2000 coupons and saved between \$850K - \$1.7M in breast cancer screening costs.

What is Miles for Mammograms? Miles for Mammograms is a fundraiser for clinic operations and the free mammogram program. It is a USTAF sanctioned 5K race and a 2K run run/walk. This year the event will take place on Saturday, September 30, 2023 at the Tower Center at Unity Square. Based on 2022 participant numbers, we anticipate having between 600-800 racers.

What is the Miles for Mammograms Organizing Committee? The organizing committee helps plan the Miles for Mammogram event. Members attend monthly meetings in March – August, and weekly meetings in September. Committee Member have traditionally volunteered with the following:

- Attending planning meetings (monthly March Aug and weekly in September)
- Recruit other volunteers and committee members
- Assist with any mailings related to the event (specifically, neighborhood mailing)
- Contact family, friends directly to invite for sponsorships, attendance, and participation.
- Volunteer to help with a pre-fundraiser called "Pink the Ville"
- Provide assistance with early packet pick-up (09/28/2023)
- Volunteer to assist during the day of event (see attached for various roles)
- Assist with the preliminary fundraising effort throughout the weeks leading up to the event.
- Promote <u>"Strand Up"</u> Pink Hair Breast Cancer Fundraising Campaign throughout the month of October.
- Help distribute media (posters, social media, etc)

Email(s):

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